

FOR PARENTS

DONOR CONCEPTION NETWORK

Telling & Talking

A workshop for parents of donor conceived children aged 0-7 years

It's not always easy to find the right words or to know when and how to start talking to your child about their origins. Our 'Telling & Talking' workshop helps you build confidence in your family story and develop a clear, age-appropriate narrative to support your child's understanding.

Feel confident and know when, why and how to talk to your young child about their conception.

> *"Money well spent to look after my son's well-being, self-esteem and mental health."*

Join us to explore:

- When is a good age to start?
- How can I begin the conversation?
- What language should I/we use?
- Can we keep the information private?
- What reaction might I/we get?
- Should I tell friends and family?
- Who else might I tell and why?
- What resources are available?

Why attend?

- A warm, supportive space, facilitated by parents of DC children
- Understand how 'telling' fits with child development stages
- Find your family's unique way to 'tell' and continue the conversation
- Build confidence in sharing your family story
- Hear from parents about how they have approached things and hear how DC people feel about their origins
- Meet others and join an online group for continued mutual support

Essential information:

- Saturdays, 9:30am-4:30pm
- Online and in-person (London)
- From £129 per person/£199 per couple when booked in advance
- See website for all upcoming dates

Find out more and book:

Scan here

Visit our website at **dcnetwork.org** for upcoming dates, FAQs and to book